

Skill Development 2025

## **Autism & Suicide Prevention**

## Who is the training for?

Mental Health Clinicians and other professionals working with **autistic children and young people**, e.g. psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars.



## Who provides the training?

Dr. Darren Hedley is Associate Professor, Principal Research Fellow and Research Director of the Health & Wellbeing research program at the Olga Tennison Autism Research Centre (OTARC), La Trobe University. Dr. Hedley has been involved in numerous research studies focusing on suicide and autism, as well as the development of suicide risk assessment tools specifically for autistic people including the Suicide Response Project.

Dr. Sanjay Patel is a Consultant Child and Adolescent Psychiatrist who works at the Royal Children's Hospital Mental Health Program in Melbourne. Dr. Patel has many years of experience working with children and adolescents experiencing complex mental health problems and co-occurring autism.

## What does the training include?

This training will provide an overview of suicide prevalence and risk factors for autistic people and introduce participants to suicide risk assessment tools adapted for this population. Lived experience, clinical expertise and case examples will be incorporated in the training to support participants to develop their knowledge about how to assess and respond to suicidality in autistic youth.

**DATE:** Friday 21st March **TIME:** 9:00am - 1:00pm

**LOCATION:** Online via Zoom\*

**COST:** \$140 / \$70\*

\*Subsidised rate for Victorian CYMHS/CAMHS/ICYMHS/AMHS: including Orygen, Victorian headspace, ACCHO/ACCHS, Take Two clinicians. and clinicians employed by Victorian public mental health services (including Forensicare).

Register online at mindful.org.au/asd-training



